



Ropelflex delivers the benefits of both isokinetic and aerobic exercise. Our rope-pulling machines are based on simple, time-proven principles of rope climbing while reducing the risk of this traditionally dangerous activity to nearly zero. Individuals of any age and athletic ability can benefit from our unique rope technology safely and comfortably.

Ropelflex training equipment is based on maintenance-free magnetic technology. Our continuously adjusting resistance mechanism causes the rope pulling difficulty to increase with the rope pulling speed. Our patented technology allows you to customize the workout to match your fitness goals. Initial tension can start as low as 10 lbs and go up to 200 lbs (on select models) for performance athletes or those who want to maximize resistance training. Our high quality ropes allow a comfortable grip, limiting friction and slipping during the exercise activity.



STANDARD FEATURES

- Multi-mode base mount, bottom pull rope trainer
- Accommodates standing or sitting rope pulling positions
- Soft-braided rope for easy and comfortable grip
- Plastic rollers to allow for quick and easy relocation of the entire unit
- Magnetic / bidirectional mechanism with automatically adjustable resistance



FRAME / UPHOLSTERY	
Frame finish	Powder coat
Frame color	
Upholstery color	
Machine Weight	70 lb / 32 kg

TECH SPECS	
Length	21" / 53 Cm
Width	28" / 71 Cm
Height	19" / 48 cm
Resistance min.	10 lb / 4 kg
Resistance up to	200 lb / 90 kg
Digital display	Yes
Hipervision	Optional

WARRANTY	
Frame (not coatings)	10 Years
Structural parts	10 Years
Pulleys	3 Years
Bearings	3 Years
Labor	1 Year
Electronics	1 Year
Rope / Upholstery	6 Months
Accessories	6 Months

OX - RX2000 BASE MOUNT ROPE TRAINER

PN: 45-5043 FOR MORE INFORMATION: WWW.ROPEFLEX.COM | 650-549-5888